

LINDT & SPRUNGLI (USA) INC.

MILK and DARK HEART ASSORTMENT 131g 4.6OZ

Nutrition Facts

Serving Size 3 Hearts (36g)

Servings Per Box about 4

Amount Per Serving		
Calories	200	Calories from Fat 130
		% Daily Value*
Total Fat	15g	23%
Saturated Fat	9g	45%
Trans fat	0g	
Cholesterol	less than 5mg	2%
Sodium	15mg	1%
Total Carbohydrate	18g	6%
Dietary Fiber	less than 1g	0%
Sugars	16g	
Protein	2g	
Vitamin A	0%	Vitamin C 0%
Calcium	4%	Iron 4%

*Percent Daily Values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Sugar, chocolate, cocoa butter, vegetable oil (coconut, palm kernel), milk, skim milk, milkfat, soya lecithin (emulsifier), barley malt powder, vanillin (artificial flavoring)

May contain traces of peanuts / tree nuts.