LINDT & SPRÜNGLI

Excellence Intense Mint Bar 3.5oz (100g)

Nutrition Facts

Serving Size 4 squares (40g)
Servings Per Container 2.5

Amount Per Serving

Calories 190	Calories from Fat 120
	% Daily Value*
Total Fat 13g	**20%**
Saturated Fat 7g	**35%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 0mg	**0%**
Total Carbohydrate 24g	**8%**
Dietary Fiber 0g	**0%**
Sugars 19g	
Protein 2g	

Vitamin A 2% • Vitamin C 0%

Calcium 2% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

Sugar, chocolate, cocoa butter, milkfat, soya lecithin (emulsifier), peppermint oil, artificial flavoring.

May contain traces of peanuts/tree nuts.

Please note:

*Although we regularly update this website, the information displayed is for guidance only. Please always read the label for definitive advice.