

**LINDT & SPRUNGLI (USA) INC.**

**DARK PEAR BAR 3.5OZ (100g)**

**Nutrition Facts**

Serving Size 4 Squares (40g)

Servings Per Bar 3.5

<b>Amount Per Serving</b>	
Calories 190	Calories from Fat 110
<b>% Daily Value*</b>	
<b>Total Fat</b> 12g	18%
Saturated Fat 6g	30%
Trans Fat 0g	
<b>Cholesterol</b> less than 5mg	2%
<b>Sodium</b> 0mg	0%
<b>Total Carbohydrate</b> 23g	8%
Dietary Fiber less than 1g	4%
Sugars 18g	
<b>Protein</b> 3g	

Vitamin A 2%	•	Vitamin C 0%
Calcium 2%	•	Iron 6%

\*Percent Daily Values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Sugar, chocolate, almonds, cocoa butter, butterfat (milk), pear, apple, pineapple, natural pear flavor, soya lecithin (emulsifier), sodium alginate and calcium phosphate: thickeners, citric acid, vanillin (artificial flavoring),

May contain traces of peanuts / tree nuts