

LINDT & SPRUNGLI (USA) INC.

DARK SEA SALT BAR 3.5OZ (100g)

Nutrition Facts

Serving Size 4 Squares (40g)

Servings Per Bar about 2.5

Amount Per Serving		
Calories	190	Calories from Fat 110
		% Daily Value*
Total Fat	13g	20%
Saturated Fat	7g	35%
Trans Fat	0g	
Cholesterol	5mg	2%
Sodium	55mg	2%
Total Carbohydrate	24g	8%
Dietary Fiber	0g	0%
Sugars	19g	
Protein	2g	
Vitamin A	2%	●
Calcium	2%	●
Vitamin C	0%	
Iron	6%	

*Percent Daily Values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Sugar, chocolate, cocoa butter, butterfat (milk), soya lecithin (emulsifier), sea salt, vanilla.

May contain traces of peanuts / tree nuts