



LINDT & SPRÜNGLI

Excellence 90% Cocoa Bar 3.5oz (100g)

Nutrition Facts

Serving Size 4 squares (40g)
Servings Per Container 2.5

Amount Per Serving

Calories 240 **Calories from Fat 190**

% Daily Value*

Total Fat 22g **34%**

 Saturated Fat 13g **65%**

 Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 10mg **0%**

Total Carbohydrate 12g **4%**

 Dietary Fiber 5g **20%**

 Sugars 3g

Protein 4g

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

Chocolate, cocoa butter, cocoa powder processed with alkali, sugar, bourbon vanilla beans.

**May contain traces of
peanuts/soybean/tree nuts/milk.**

Please note:

*Although we regularly update this website, the information displayed is for guidance only. Please always read the label for definitive advice.