

LINDT & SPRUNGLI (USA) INC.

PEACH APRICOT YOGURT BAR 3.5OZ (100g)

**Nutrition Facts**

Serving Size 5 Pieces (42g)

Servings Per Bar about 2.5

Amount Per Serving			
Calories	210	Calories from Fat	120
		% Daily Value*	
<b>Total Fat</b>	13g		20%
Saturated Fat	8g		40%
Trans Fat	0g		
<b>Cholesterol</b>	10mg		3%
<b>Sodium</b>	40mg		2%
<b>Total Carbohydrate</b>	21g		7%
Dietary Fiber	less than 1g		0%
Sugars	20g		
<b>Protein</b>	3g		
Vitamin A	2%	•	Vitamin C 2%
Calcium	10%	•	Iron 2%

\*Percent Daily Values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Sugar, cocoa butter, milk, yogurt powder, chocolate, skim milk, butterfat, peach pieces (peach, glucose syrup), artificial flavors, soya lecithin (emulsifier), lactose, apricots, citric acid, barley malt powder.

May contain traces of peanuts / tree nuts