

LINDT & SPRUNGLI (USA) INC.

LES GRANDES MILK CHOCOLATE with HAZELNUTS 5.3oz 150g

Nutrition Facts

Serving Size 3 Pieces (45g)

Servings Per Bar about 3

Amount Per Serving

Calories 260	Calories from Fat 170
% Daily Value*	
Total Fat 18g	28%
Saturated Fat 6g	29%
Trans Fat 0g	
Cholesterol less than 5mg	1%
Sodium 27mg	1%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars 18g	
Protein 4g	
Vitamin A 0%	Vitamin C 0%
Calcium 8%	Iron 8%

*Percent Daily Values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Sugar, hazelnuts, chocolate, cocoa butter, milk, lactose, skim milk, soya lecithin (emulsifier), barley malt extract, artificial flavorings
May contain traces of peanuts / tree nuts