

LINDT & SPRUNGLI (USA) INC.

LES GRANDES DARK CHOCOLATE with HAZELNUTS 5.3oz 150g

Nutrition Facts

Serving Size 3 Pieces (45g)

Servings Per Bar about 3

Amount Per Serving

Calories 260

Calories from Fat 170

% Daily Value*

Total Fat 18g

28%

Saturated Fat 6g

30%

Trans Fat 0g

Cholesterol less than 5mg

0%

Sodium 0mg

0%

Total Carbohydrate 19g

6%

Dietary Fiber 3g

11%

Sugars 17g

Protein 4g

Vitamin A 0%

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Vitamin C 0%

Calcium 4%

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Iron 12%

*Percent Daily Values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Sugar, hazelnuts, chocolate, cocoa butter, butterfat, soya lecithin (emulsifier), barley malt extract, artificial flavorings

May contain traces of peanuts / tree nuts/ milk