

LINDT & SPRUNGLI (USA) INC.

CONNAISSEURS OVAL TIN BOX 408g 14.4OZ

Nutrition Facts

Serving Size 4 Pralines (41g)

Servings Per Box about 10

Amount Per Serving			
Calories	230	Calories from Fat	140
		% Daily Value*	
Total Fat	16g		25%
Saturated Fat	8g		39%
Trans Fat	0g		
Cholesterol	5mg		2%
Sodium	50mg		2%
Total Carbohydrate	19g		6%
Dietary Fiber	1g		5%
Sugars	18g		
Protein	3g		
Vitamin A	0%	•	Vitamin C 0%
Calcium	6%	•	Iron 6%
*Percent Daily Values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	•	Carbohydrate 4
		•	Protein 4

INGREDIENTS: Sugar, cocoa butter, almonds, chocolate, milk, hazelnuts, skim milk, vegetable oils (palm, palm kernel, coconut, shea, illipe), lactose, butterfat, biscuit pieces(sugar, wheat flour, egg whites, hazelnuts, apricot kernels, potato starch, sodium bicarbonate, artificial flavoring: vanillin), low fat cocoa Powder, sweetened condensed milk, glucose syrup, soya lecithin (emulsifier), butter, cream, sorbitol syrup, crisped rice (rice, sugar, wheat malt, dextrose, salt), dried malt extract, coffee, dextrose, natural flavorings (vanilla, prune), artificial flavorings (vanillin, butterscotch, buttercream, caramel), gum arabic (gelling agent), sodium triphosphate (stabilizer), beta-carotene (color).

May contain traces of peanuts.