

LINDT & SPRUNGLI (USA) INC.

LINDT OF SWITZERLAND 140g 4.93OZ

Nutrition Facts

Serving Size 4 Pralines (41g)

Servings Per Box about 3.5

Amount Per Serving			
Calories	230	Calories from Fat	140
		% Daily Value*	
Total Fat	16g		24%
Saturated Fat	8g		40%
Trans Fat	0g		
Cholesterol	5mg		2%
Sodium	35mg		3%
Total Carbohydrate	20g		7%
Dietary Fiber	1g		5%
Sugars	18g		
Protein	3g		
Vitamin A	0%	•	Vitamin C 0%
Calcium	6%	•	Iron 6%

*Percent Daily Values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Sugar, cocoa butter, chocolate, almonds, milk, hazelnuts, skim milk, lactose, butterfat, vegetable oils (coconut, illipe, palm palm kernel, shea nut), sweetened condensed whole milk, biscuit pieces(contains wheat, eggs), glucose syrup, butter, cream, soya lecithin (emulsifier), sorbitol syrup, crisped rice (contains wheat), coffee, barley malt extract, artificial flavorings (vanillin, caramel, butter), vanilla, sodium triphosphate (stabilizer), artificial color added.

May contain traces of peanuts.