



LINDT & SPRÜNGLI

“MILK GOLD REINDEER 3.5oz (100g)

Nutrition Facts	
Serving Size (40g)	
Servings Per Container about 2.5	
Amount Per Serving	
Calories 210	Calories from Fat 120
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 40mg	2%
Total Carbohydrate 23g	8%
Dietary Fiber less than 1g	0%
Sugars 21g	
Protein 3g	
Vitamin A 2%	• Vitamin C 0%
Calcium 6%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS:

Sugar, cocoa butter, milk, chocolate, lactose, skim milk, soya lecithin (emulsifier), barley malt powder, milkfat, vanillin (artificial flavoring).

May contain traces of peanuts/ tree nuts.

*Disclaimer:

* The information displayed above is for guidance only. Please refer to the label on your purchase for definitive advice.