

LINDT & SPRUNGLI (USA) INC.

NUTCRACKER TIN 396g 14oz

Nutrition Facts

Serving Size 3 Balls (36g)

Servings Per Tin 10

Amount Per Serving

Calories 220 Calories from Fat 160

% Daily Value*

Total Fat 18g 28%

Saturated Fat 13g 65%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 20mg 1%

Total Carbohydrate 15g 5%

Dietary Fiber 0g 0%

Sugars 14g

Protein 2g

Vitamin A 0% Vitamin C 0%

Calcium 4% Iron 2%

*Percent Daily Values are based on a 2,000 calories diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Sugar, vegetable oil (coconut, palm kernel), cocoa butter, chocolate, milk, skim milk, milkfat, soya lecithin (emulsifier), barley malt powder, vanillin (artificial flavoring), caramel flavoring

May contain traces of peanuts / tree nuts