



LINDT & SPRÜNGLI

EXCELLENCE Raspberry Bar 3.5oz (100g)

Nutrition Facts

Serving Size 4 Pieces (40g)
Servings Per Container 2.5

Amount Per Serving			
Calories	210	Calories from Fat	110
		% Daily Value*	
Total Fat	12g		18%
Saturated Fat	7g		35%
Trans Fat	0g		
Cholesterol	5mg		2%
Sodium	15mg		1%
Total Carbohydrate	20g		7%
Dietary Fiber	4g		16%
Sugars	19g		
Protein	2g		
Vitamin A	2%	•	Vitamin C 0%
Calcium	2%	•	Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

Sugar, chocolate, cocoa butter, **milkfat**, freeze dried raspberries, **soya** lecithin (emulsifier), natural and artificial flavors.

May contain tree nuts/wheat.

Please note:

*Although we regularly update this website, the information displayed is for guidance only. Please always read the label for definitive advice.