



LINDT & SPRÜNGLI

Creations Ballotin 7.1oz (200g)

Nutrition Facts	
Serving Size 4 Pieces (40g) Servings Per Container about 5	
Amount Per Serving	
Calories 210	Calories from Fat 130
% Daily Value*	
Total Fat 15g	23%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 20mg	1%
Total Carbohydrate 22g	7%
Dietary Fiber 0g	0%
Sugars 19g	
Protein 2g	
Vitamin A 2%	• Vitamin C 0%
Calcium 4%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS:

Sugar, cocoa butter, chocolate, **milk**, milkfat, lactose, **hazelnut** praline (hazelnuts, sugar), invert sugar, vegetable oil (coconut, palm kernel), glucose syrup, hazelnuts, **walnuts**, wafer [sugar, **wheat** flour, milkfat, whey powder, barley malt powder, leavening (sodium bicarbonate)], sorbitol (stabilizer), caramel pieces [sugar, lactose, milkfat, skim milk, rapeseed lecithin (emulsifier)], skim milk, fat-reduced cocoa powder, **soya** lecithin (emulsifier), crumbled biscuit [wheat flour, vegetable oil (coconut, sunflower), sugar, glucose, milk protein, leavening (ammonium and sodium bicarbonate)], natural and artificial flavors, milky meringue (sugar, wheat starch, milk protein), cream, crisped cereal [wheat flour, sugar, wheat malt, rapeseed lecithin (emulsifier), leavening (sodium bicarbonate)], mascarpone, barley malt extract, salt, gum arabic, milk protein, color added (paprika extract), disodium phosphate (stabilizer).

May contain egg/tree nuts.

Please note:

*Although we regularly update this website, the information displayed is for guidance only. Please always read the label for definitive advice.