



# LINDT & SPRÜNGLI

## Milk Chocolate Thins 4.4oz (125g)

<b>Nutrition Facts</b>			
Serving Size: 15 pieces ( 41 g)			
Servings Per Box about 5			
Amount Per Serving			
<b>Calories</b>	230	<b>Calories from Fat</b>	130
% Daily Value*			
<b>Total Fat</b>	14 g		<b>22%</b>
Saturated Fat	9 g		<b>44%</b>
Trans Fat	0 g		
<b>Cholesterol</b>	less than 5 mg		<b>1%</b>
<b>Sodium</b>	25 mg		<b>1%</b>
<b>Total Carbohydrate</b>	23 g		<b>8%</b>
Dietary Fiber	1 g		<b>5%</b>
Sugars	21 g		
<b>Protein</b>	2 g		<b>5%</b>
<b>Vitamin A</b>	2%	<b>Vitamin C</b>	2%
<b>Calcium</b>	8%	<b>Iron</b>	6%
*Percent Daily Values are based on a diet of other people's secrets. Your daily values may be higher or lower depending on your calorie needs:			
		Calories	2,000 2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4

### INGREDIENTS:

Sugar, cocoa butter, chocolate, **milk**, lactose, skim milk, milkfat, **soya** lecithin (emulsifier), barley malt powder, artificial flavor.

**May contain tree nuts.**

### Please note:

\*Although we regularly update this website, the information displayed is for guidance only. Please always read the label for definitive advice.