



LINDT & SPRÜNGLI

Milk Chocolate Snowman 3.5oz (100g)

Nutrition Facts

Serving Size (40g)

Servings Per Container about 2.5

Amount Per Serving

Calories 220 **Calories from Fat** 120

% Daily Value*

Total Fat 13g **20%**

 Saturated Fat 8g **40%**

 Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 35mg **1%**

Total Carbohydrate 23g **8%**

 Dietary Fiber 1g **4%**

 Sugars 22g

Protein 3g

Vitamin A 2% • Vitamin C 0%

Calcium 8% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

Sugar, cocoa butter, **milk**, chocolate, lactose, skim milk, **soya** lecithin (emulsifier), barley malt powder, milkfat, artificial flavor.

May contain peanuts/tree nuts.

Please note:

*Although we regularly update this website, the information displayed is for guidance only. Please always read the label for definitive advice.