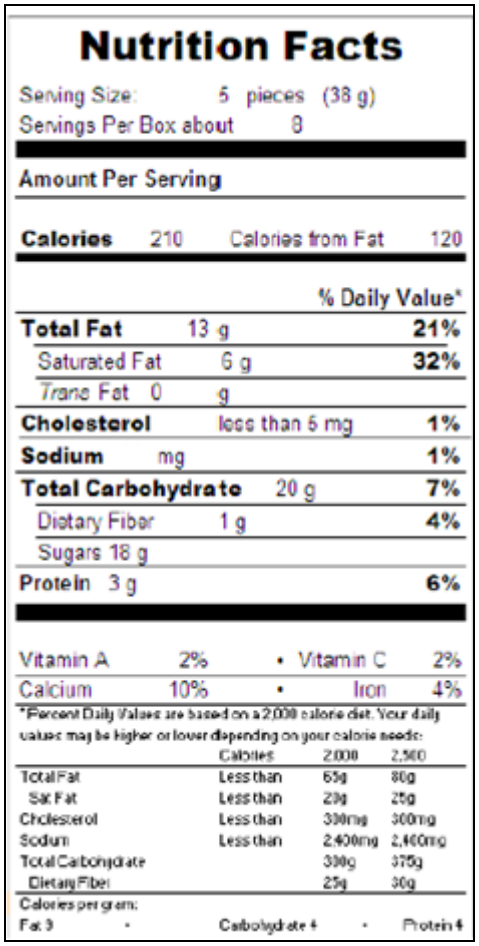
LINDT & SPRÜNGLI

Swiss Gold Milk Hazelnut Bar 10.5oz (300g)



Nutrition Facts

Serving Size: 5 pieces (38 g)
Servings Per Box about 8

Amount Per Serving

Calories 210	Calories from Fat 120
	% Daily Value*
Total Fat 13 g	**21%**
Saturated Fat 6 g	**32%**
Trans Fat 0 g	
Cholesterol less than 5 mg	**1%**
Sodium mg	**1%**
Total Carbohydrate 20 g	**7%**
Dietary Fiber 1 g	**4%**
Sugars 18 g	
Protein 3 g	**6%**

Vitamin A 2% • Vitamin C 2%
Calcium 10% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

Sugar, cocoa butter, hazelnuts, milk, chocolate, lactose, skim milk, soya lecithin (emulsifier), barley malt extract, vanillin (artificial flavour).

May contain traces of peanuts/tree nuts

Please note:

*Although we regularly update this website, the information displayed is for guidance only. Please always read the label for definitive advice.