



LINDT & SPRÜNGLI

Bugs & Bees 5 pack 1.7oz (50g)

Nutrition Facts

Serving Size 4 pieces (40g)
Servings Per Container about 1

Amount Per Serving

Calories 210 **Calories from Fat 110**

% Daily Value*

Total Fat 12g **18%**

 Saturated Fat 6g **30%**

 Trans Fat 0g

Cholesterol less than 5mg **2%**

Sodium 30mg **1%**

Total Carbohydrate 24g **8%**

 Dietary Fiber 1g **4%**

 Sugars 22g

Protein 3g

Vitamin A 2% • Vitamin C 2%

Calcium 6% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

Sugar, cocoa butter, **hazelnut, milk,** chocolate, lactose, crisped rice (rice, sugar, **wheat,** malt, salt), skim milk, milkfat, **soya** lecithin (emulsifier), barley malt powder, artificial flavors.

May contain other tree nuts.

Please note:

*Although we regularly update this website, the information displayed is for guidance only. Please always read the label for definitive advice.