LINDT & SPRÜNGLI

LINDOR White Singles 3.5oz (100g)

Nutrition Facts

Serving Size 7 pieces (39 g)
Servings Per Box about 3

Amount Per Serving		
Calories 250	Calories from Fat 170	
		% Daily Value*
Total Fat	19 g	**30%**
Saturated Fat	15 g	**73%**
Trans Fat	0 g	
Cholesterol	less than 5 mg	**2%**
Sodium	35 mg	**1%**
Total Carbohydrate	17 g	**6%**
Dietary Fiber	0 mg	**0%**
Sugars	17 g	
Protein	2 g	**4%**

Vitamin A	0%	Vitamin C	2%
Calcium	8%	Iron	0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

Sugar, cocoa butter, vegetable oil (coconut, palm kernel), **milk**, skim milk, **soya** lecithin (emulsifier), artificial flavors.

May contain / tree nuts.

Please note:

*Although we regularly update this website, the information displayed is for guidance only. Please always read the label for definitive advice.