



LINDT & SPRÜNGLI

LINDOR Milk Singles 3.5oz (100g)

Nutrition Facts			
Serving Size:	7 pieces (39 g)		
Servings Per Box about	3		
Amount Per Serving			
Calories	240	Calories from Fat	160
% Daily Value*			
Total Fat	18 g		28%
Saturated Fat	13 g		67%
Trans Fat	0 g		
Cholesterol	less than 5 mg		1%
Sodium	25 mg		1%
Total Carbohydrate	18 g		6%
Dietary Fiber	less than 1 g		3%
Sugars	17 g		
Protein	2 g		4%
Vitamin A	2%	• Vitamin C	2%
Calcium	6%	• Iron	4%
<small>*Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs.</small>			
		Calories	2,000 2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
<small>Calories per gram:</small>			
Fat:9	•	Carbohydrate:4	• Protein:4

INGREDIENTS:

Sugar, vegetable oil (coconut, palm kernel), cocoa butter, **milk**, chocolate, lactose, skim milk, milkfat, **soya** lecithin (emulsifier), barley malt powder, artificial flavors.

May contain traces tree nuts.

Please note:

*Although we regularly update this website, the information displayed is for guidance only. Please always read the label for definitive advice.