



LINDT & SPRÜNGLI

LINDOR Dark Chocolate Mint Bag 11.9oz (336g)

Nutrition Facts

Serving Size 3 Balls (36g)
Servings Per Container about 9

Amount Per Serving
Calories 230 Calories from Fat 170

% Daily Value*

Total Fat 19g **29%**
 Saturated Fat 14g **70%**
 Trans Fat 0g

Cholesterol less than 5mg **2%**

Sodium 20mg **1%**

Total Carbohydrate 15g **5%**

 Dietary Fiber less than 1g **4%**

 Sugars 13g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS:

Dark Sweet Chocolate [sugar, chocolate, cocoa butter, skim **milk**, milkfat, **soya** lecithin (emulsifier), vanillin (artificial flavoring)], vegetable oil (coconut, palm kernel), sugar, cocoa butter, milk, skim milk, soya lecithin(emulsifier), peppermint oil, artificial flavor.

May contain peanuts/tree nuts.

Product is kosher.

Please note:

*Although we regularly update this website, the information displayed is for guidance only. Please always read the label for definitive advice.